




















September 2009



Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30 Exercise 10:15 News Current  LUNCH Fish Sandwich 1:15 Target Throw 2:30 Afternoon Groups	2 9:30 Exercise 10:15 Sing w/ Jean  LUNCH Beef Stew 1:15 Bowling 2:30 Afternoon Groups	3 Chi Kung 9:30 Exercise 10:15 Brainstorming A-Z LUNCH Chicken Tenders 1:15 Pass the Hat 2:30 Afternoon Groups	4 9:30 Exercise  10:15 Worship LUNCH Quiche 1:15 RSVP/Pictionary 2:30 Afternoon Groups
Day Center Closed Labor Day 	8 9:30 Exercise 10:15 Bingo LUNCH Hamburger on Bun 1:15 Sing w/ Tom 2:30 Afternoon Groups	9 9:30 Exercise 10:15 Sing w/ Jean  LUNCH Baked Chicken 1:15 Coupon Capers 2:30 Afternoon Groups	10 9:30 Exercise  10:15 News Current LUNCH Pork Lo Mein 1:15 Memories Band 2:30 Grandparent Tea	11 9:30 Exercise  10:15 Worship LUNCH Meatloaf 1:15 RSVP/ Small Talk 2:30 Afternoon Groups
14 9:30 Exercise 10:15 Rockin' Rice LUNCH Chicken Pot Pie 1:15 Cards & Conversation 2:30 Afternoon Groups	15 9:30 Exercise 10:15 Outburst LUNCH Baked Ziti 1:15 Singin' w/ Betty  2:30 Afternoon Groups	16 9:30 Exercise 10:15 Sing w/ Jean  LUNCH Tuna Salad  1:15 News Current 2:30 Afternoon Groups	17 9:30 Exercise 10:15 B & B Connection LUNCH Salisbury Steak 1:15 Price Is Right 2:30 Afternoon Groups	18 9:30 Exercise  10:15 Worship LUNCH Chicken Jambalaya 1:15 RSVP/ Hangman 2:30 Afternoon Groups
21 9:30 Exercise  10:15 News Current LUNCH Spaghetti & Meatsauce 1:15 Pop It 2:30 Afternoon Groups	22 Autumn Begins  9:30 Exercise 10:15 'Fall' Bingo LUNCH Pork Choppette 1:15 Care Spa 2:30 Afternoon Groups	23 9:30 Exercise 10:15 Sing w/ Jean  LUNCH Stuffed Pepper 1:15 Balloon Volleyball 2:30 Afternoon Groups	24 RSVP Luncheon 9:30 Exercise 10:15 Back words LUNCH Ham Steak w/ Glaze 1:15 Midge & Bill 2:30 Afternoon Groups	25 9:30 Exercise  10:15 Worship LUNCH Roast Turkey 1:15 United Way Fun Fair 2:30 Afternoon Groups
28 9:30 Exercise  10:15 News Current LUNCH Shepherd's Pie 1:15 Outdoor Fun 2:30 Afternoon Groups	29 9:30 Exercise 10:15 Rhythm Band LUNCH Turkey Sandwich 1:15 Crafty Corner I 2:30 Afternoon Groups	30 9:30 Exercise 10:15 Sing w/ Jean  LUNCH Chicken Alfredo 1:15 Crafty Corner II 2:30 Afternoon Groups	Happy Birthday: Bertha H.—25th John A.—25th 